Happy New Year!!!! I hope you are ready to start a brand-new year. I am excited to see what new adventures we will have this year.

If you are struggling with getting food, please reach out to me, and I can sign-up to see if you qualify for AFAC. AFAC is an organization in Arlington devoted to providing nutritious supplemental groceries free of charge. APS also offers free meals. Grab & Go breakfasts and lunches are available on Mondays, Wednesdays, and Fridays from 11 am - 1 pm at Abingdon, Arlington Career Center, Arlington Traditional, Ashlawn, Barcroft, Barrett, Campbell, Carlin Springs, Dr. Charles R. Drew, Glebe, Gunston, Hoffman-Boston, Jefferson, Kenmore, Key Long Branch, Randolph, Swanson, The Heights, Wakefield, Washington-Liberty, Yorktown. APS delivers meals to the following locations: Greenbriar Baptist Church, Lee Community Center, Upton Hill Regional Park for Patrick Henry Apartments, Virginia Highlands Park, Woodbury Park, Columbia Grove, and Walter Reed Community Center). Families may pick up meals at the location closest to them. ALL students 18 and under are eligible to receive meals. No student ID is required.

Arlington County has 19 locations with free outdoors WiFi hotspots where you can access the Internet. Check here: <https://my.arlingtonva.us/digitalresources?WiFi=true&DriveWiFi=true> to find out where they are.

If you have any concerns that you would like to discuss with me regarding your child, please do not hesitate to call me on my cell at 571-317-5228 between 8:30 to 3:30 pm. You can also email me at delia.dowd@apsva.us, or you can schedule an appointment to meet with me. My work hours are as followed: Mondays through Friday from 8:30 am to 4:00 pm.

Remember, if you need assistance with paying rent, paying bills, or getting food, please do not hesitate to contact me. I look forward to working with you and your child.